

Lee Brothers Tae Kwon Do

Current 2nd Degree BB – Study Guide

Pre Exam for GREEN Stripe

Book Report

You are encouraged to read all the books listed below, as they will enrich your martial arts journey.

You are required to submit a book report on only 1 book of your choice. (3 pages min)

A Book of Five Rings – Miyamoto Musashi

Zen in the Martial Arts – Joe Hyams

The Art of War – Sun Tzu

The Making of a Martial Artist – Sang Kyu Shim

Please submit your report along with your Pre Exam Form.

리 브라더스 태권도

Current 2nd Degree BB – REQUIREMENTS

Pre Exam for GREEN Stripe

White Stripe

Koryo Poom Se
Pal Gwe 5 Jahng

Gray Stripe

Knife Defense – Diagonal (Left)
You must bring your own partner for the pre exam

Blue Stripe

Jahng Bong – Combinations 4-6

Brown Stripe

Jump Turning Hook Kick
(From Sparring stance & Joon Bee)

Orange Stripe

Study Guide
Proper Push Ups (full only) 15/20